



## 5K & 10K ROUTES



SEPT  
**30**

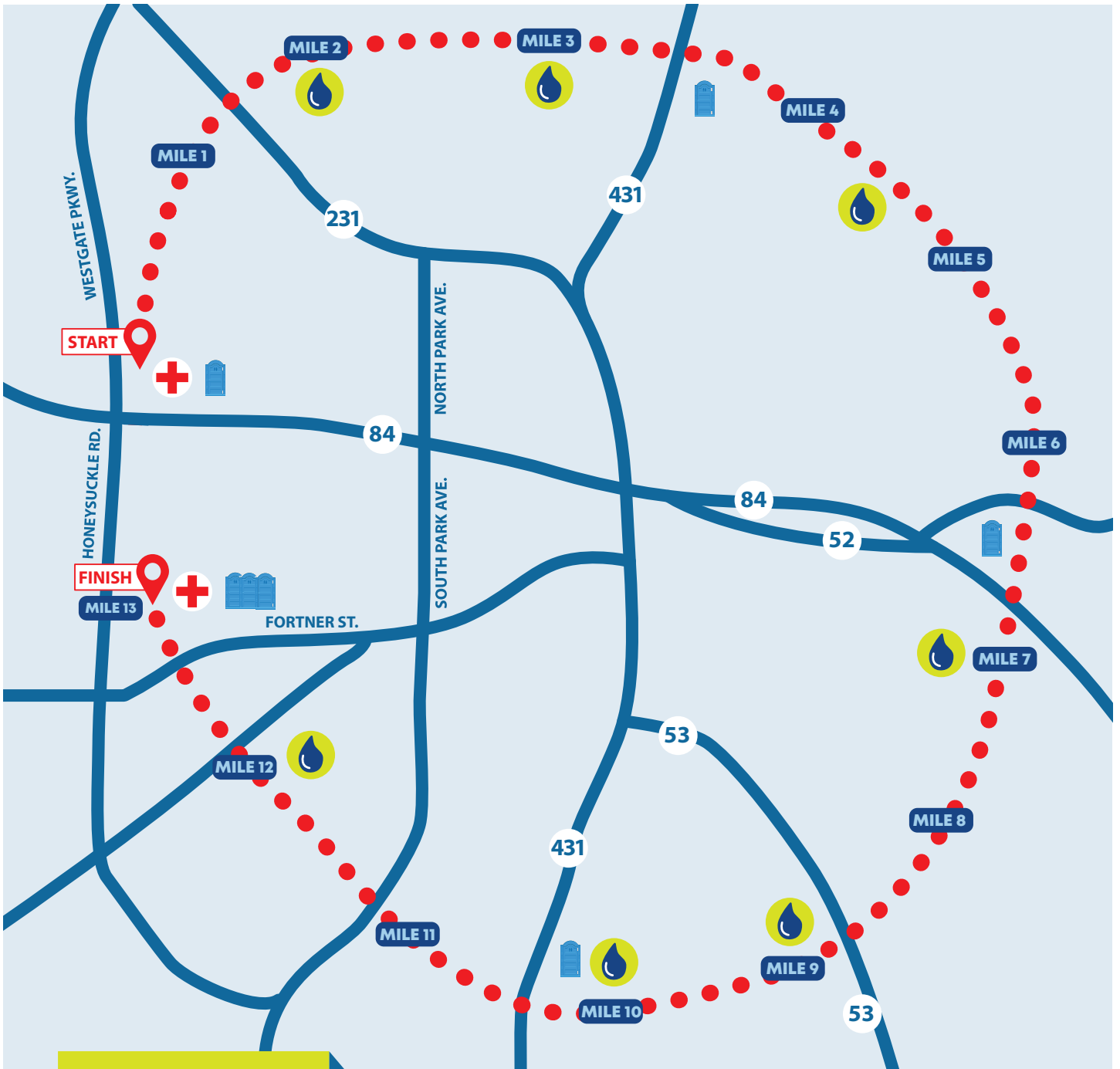


**START/FINISH:**  
3148 Ross Clark Circle  
Dothan, AL 36303  
(near Loyless Donuts)



**WATER & POWERADE STOPS:**  
Miles 1&4 and Miles 2&5

Those walking the 10K should plan to complete the course in 90 min.



## HALF MARATHON



OCT  
1ST



**START:**  
3148 Ross Clark Circle  
Dothan, AL 36303  
(near Loyless Donuts)



**FINISH:**  
2970 Ross Clark Circle #3,  
Dothan, AL, 36303  
(near Fit Culture)



**WATER & POWERADE STOPS:** Every 2 miles

**HARD CUTOFFS:** Mile 3.25/7:45am • Mile 6.5/8:30am • Mile 10.0/9:15am • Mile 13.1/10:00am

Transportation will be provided from Finish line to Start line.